

NO BELLIES



Get fit, lose your belly and
get behind the scenes at
your local club, all for free.



SIGN UP NOW

enquiries@spfltrust.org.uk

NO BELLIES

Get fit, lose your belly and
get behind the scenes at your
local club, all for free.

Are you aged 35-65 years old?

Is your trouser waist size at least 38 inches? Do
you want to lose weight, have a healthier
lifestyle and ultimately be fitter?

Our 12 week Football Fans in Training
programme can help you do this for free. You'll
get a behind the scenes look at your club, be
trained by selected club coaches, have a nosy at
the trophy cabinet and have the chance to talk
tactics in the dressing room. Who knows,
maybe you'll even bump into a player or two.

So what are you
waiting for?



BROUGHT TO YOU BY



IN ASSOCIATION WITH



CONTACT DETAILS

SIGN UP NOW

enquiries@spfltrust.org.uk

DELIVERED BY



September – December 2016

MALE - Monday, 6pm-8pm,
Celtic Park Learning Centre
(Lisbon Lions stand)

FEMALE - Thursday, 6pm-8pm,
Celtic Park Learning Centre

MALE - Friday, 6pm-8pm,
Celtic Park Learning Centre

cfcfoundation@celticfc.co.uk
0141 5514321

like us  follow us 