



COACH
CORE

Inspiring young people through sport

Increase your employability and be part of a workforce that provides sport to your local community

What is Coach Core?

Delivered with support from The Royal Foundation of The Duke and Duchess of Cambridge and Prince Harry, Coach Core is a year-long paid apprenticeship that;

- ✓ **Provides** opportunities for young people engaged in sport who are not in higher education, taking up employment or in training.
- ✓ **Provides** young people with the learning, qualifications and vocational training required by employers.
- ✓ **Inspires** young people to engage in sports coaching.
- ✓ **Enables** young people to reach their full potential.

Coach Core Recruitment

This year Glasgow Sport will employ 20 young people who have the potential of becoming the future sports coach. Initially as part of our PreCoach Core recruitment stage, 30 young people will take part in a five-week paid employability programme with guaranteed positive progressions for all. Those who demonstrate commitment and self-development will then be offered year-long employment working and training for 30 hours a week on Coach Core the salary will be £7,274.

STAGE 1 – NOMINATION

Applicants submit an application form with a nomination from a suitable person such as a club coach, active schools coordinator, jobs advisor or teacher. They are then invited to a group interview.

STAGE 2 PRE-COACH CORE

30 young people participate in a five week paid PreCoach Core programme, completing a number of recognised qualifications including the SQA Certificate of Work Readiness.

STAGE 3 – COACH CORE

20 successful applicants gain year-long paid employment on Coach Core receiving a recognised SVQ qualification in sports coaching.



"I left school without qualifications and haven't managed to get into college or paid work. I volunteer at my local sports club and dream of a career as a sports coach."

Who can get involved?

Age: 16 – 21 years old.

Interests: Enthusiasm for volunteering and/ or participating in sport.

Location: Must live within the Glasgow City Council boundary.

Qualifications: No formal qualifications are required. You must not already be in education or employment. Applicants must also be eligible for stage 3 Employability Funding and must not have already completed the SQA Certificate of Work Readiness.



SUPPORTING
year of young people
bliadhna na h-òigridh
2018



What will I get out of it?

- ✓ Achieve qualifications and vocational training that matches the criteria required by employers within the sports industry.
- ✓ Mentoring and support from professionals within the industry including Sports Development Officers, experienced sports coaches and personnel from National Governing Bodies.
- ✓ Develop personal qualities such as leadership, confidence and responsibility.
- ✓ Practical experience of working in the industry at sports event, in schools, in clubs and coaching within sports venues.
- ✓ An opportunity to meet new people of a similar age, have fun, become a role model and give something back to the community.

What are the progressions after Coach Core?

- 100% of participants have made positive progressions.
- 100% increased confidence.
- Guaranteed job interview with Glasgow Life on completion of the Coach Core training modules.
- The majority of trainees are now paid sports coaches working for Glasgow Life, other local authorities and sports organisations.
- Former Coach Core trainees are also now employed as carers/support workers in their local communities.
- A number of trainees have gained places on College and University courses.





Coach Core Criteria

To be eligible to apply for the programme, you must:

- live within the Glasgow City Council boundary or Clyde Gateway postcodes.
- not already be in further education, employment or training.
- be aged 16 – 21 years old on initial application.
- be available to participate in the full 5 week PreCoach Core employability programme from 2nd October to 3rd November 2017.
- be nominated by someone who can provide information for you in a learning / working / voluntary setting.
- demonstrate an enthusiasm for sport.
- be eligible for Employability Fund.
- not have already completed the SQA Certificate of Work Readiness?
- be available to complete paid employment of 30 hours a week for a full year between 6th November 2017 – 7th November 2018.

Please note that applicants do not require any formal qualifications to apply for Coach Core.

Nominator Information

All applicants for the Glasgow Sport Coach Core Programme are required to be nominated for the programme by a suitable person from a club, school or local authority. For example;

- Active Schools Co-ordinator
- Sports Club, Coach or Representative
- Sports Development Officer
- PE/Guidance Teacher
- Jobs Coach/ Advisor

If you are planning on nominating someone for the programme then please follow these guidelines and ensure that the applicant you are nominating is eligible for Employability Funding.

If you require further information please contact;

Coach Core, Glasgow Sport, Emirates Arena
1000 London Road, Glasgow G40 3HG

Coachcore@glasgowlife.org.uk

0141 287 0112

www.glasgowlife.org.uk/coachcore

Recruitment Stage 1

Application and Nominations
9th Aug – 3rd Sep 2017

Recruitment Stage 2

Group Interviews and Practical Assessment
11th Sept – 22nd Sept 2017

Pre Coach Core

30 successful candidates attend Pre Coach Core Programme (5 weeks) incorporating SQA Certificate of Work Readiness.
2nd Oct 2017 – 3rd Nov 2017

Coach Core

20 successful candidates commence 12 month contract on Coach Core Programme.
6th Nov 2017 – 5th Nov 2018



Application form

PART A

First name _____ Surname _____

Address _____

_____ Postcode _____

Date of birth _____ Gender Male Female

Telephone home _____ Mobile _____

Email _____

Employment status School pupil Student Employed Unemployed

If you are a pupil/student, where are you studying? _____

Are you are a member of a sports club i.e. Gymnastics, Basketball, football etc. Yes No

If yes please state the name of the club _____

Do you consider yourself to have a disability? Yes No If Yes, do you require additional support (please give details)

Describe what motivates you to be a sports coach on the Coach Core programme (in 50 – 100 words). Please also tell us about any previous sports coaching experiences and skills you may have.

What skills do you hope to gain from being part of the Coach Core Programme (up to 50 words).

I declare the information I have given is true to the best of my knowledge:

Name _____ Signature _____ Date _____

PART B

TO BE COMPLETED BY THE NOMINATOR

Please note the nominator must be someone who can provide information for you in learning/ working / voluntary setting, for example, a school teacher, sports club coach or Active Schools co-ordinator.

Applicant Name _____

Nominator Name _____

Job Title _____

Nominator Address _____

_____ Postcode _____

Nominator Telephone _____

Nominator Email _____

1. How long have you known the above named person? _____ Years _____ Months

2. In what capacity?

3. Why should this young person be given this unique opportunity?

Signature _____ Date _____

Please note PART A and PART B must be completed before submitting this application.

Please return completed form **by 3rd September 2017** to:

Coach Core Programme, Glasgow Sport
Emirates Arena and Sir Chris Hoy Velodrome
1000 London Road, Glasgow, G40 3HG
or email coachcore@glasgowlife.org

Evaluation form

For the evaluation of Coach Core it is important to be able to illustrate that all members of our population can and are accessing the programme. We would appreciate it if you would complete the following questions which will be recorded anonymously for enrolment information only.

Are you (please tick one box)

Male Female

What religion, religious denomination or body do you belong to? (Please tick one box)

None Muslim Hindu
 Church of Scotland Buddhist Pagan
 Roman Catholic Sikh Another religion,
 Other Christian Jewish please write which _____

What is your ethnic group?

Choose ONE section from A to E, and then tick ONE box which best describes your ethnic group or background.

A. White

Scottish British Any other white ethnic
 English Irish group, please write in: _____
 Welsh Gypsy / Traveller
 Northern Irish Polish

B. Mixed or multiple ethnic groups

Any mixed or multiple ethnic groups please write in: _____

C. Asian, Asian Scottish or Asian British

Pakistani, Pakistani Scottish or Pakistani British
 Indian, Indian Scottish or Indian British
 Bangladeshi, Bangladeshi Scottish or Bangladeshi British
 Chinese, Chinese Scottish or Chinese British
 Other, please write in: _____

D. African, Caribbean or Black

African, African Scottish or African British
 Caribbean, Caribbean Scottish or Caribbean British
 Black, Black Scottish, Black British
 Other, please write in: _____

E. Other ethnic group

Arab
 Other, please write in: _____

Which of the following best describes how you think of yourself? (Please tick one box)

Heterosexual or straight Gay or Lesbian Bisexual Other

Thanks for giving your time today; your input helps us shape our services.